

Rutland Health and Wellbeing Board
Joint Health and Wellbeing Strategy
12 Month Review August 2023
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Introduction

The Joint Health and Wellbeing Strategy (JHWS) was launched in April 2022. This is a review of the first 12-16 months of the strategy delivery plan. While excerpts from the plan are included to indicate progress and challenges, it also focuses on the process and format of reporting.

The Health and Wellbeing Integration Lead (HWIL) met with all the Responsible Officers on the Integrated Delivery Group or Priority 'Leads.' This was an opportunity to talk through the plans for each Priority area, discuss challenges and ideas for improvements. It highlighted where pieces of work had been completed and where workstreams could be classed as business as usual. It also highlighted the many linkages across the Priority areas, particularly areas 4 and 5. People generally felt that a meeting was useful.

Extracts from the Delivery Plan

Priority 1 The Best Start for Life

The Family Hub opened in January 2023, offering accessible, seamless services for families to achieve positive outcomes for children and young people. The Family Hub steering group has now been amalgamated with the Children's Centre Governance group so that there is a joined-up approach, making the best use of time. Feasibility work being undertaken to develop further sites to service more rural areas.

The 11-19 Teen Health Service is now being provided by Rutland County Council, providing early intervention public health programmes. It incorporates a 'Whole School Approach' to improving the emotional wellbeing and health of students. The service includes one-to-one sessions and group work, drop-in sessions and involves networking and building relationships with schools and other partners.

Priority 2 Staying Healthy and Independent: Prevention

The Active Referral Programme delivered by Active Rutland commenced in April 2023. Oral Health promotion services commenced in February 2023. The Rutland Weight Management Service was mainstreamed funded from April 2023 providing more opportunities to promote the service, linking with Making Every Contact Count (MECC), Active Rutland and Health Checks. MECC training has been commissioned.

The VCSE survey has been completed and themes are being evaluated. Citizens Advice Rutland (CAR) are running a campaign using various communication channels to increase

numbers of volunteers. A new directory and information exchange forum will be launched in September. A monthly stakeholder Information Exchange session began in 2023 which is very well attended and a useful point for sharing updates and ideas on progress. Mapping of the Rutland Voluntary and Community Sector has been completed by CAR and this workstream is now business as usual.

Priority 3 Healthy Ageing and Living Well with Long Term Conditions

There is a wealth of schemes and initiatives where partners are working across Place and System for this Priority. There are strong links with the Voluntary and Community Sector partly facilitated by a monthly Integrated Neighbourhood Network meeting. Notable examples of progress in delivery include the Falls Prevention Programme across Rutland care homes with a recent focus on prevention of falls leading to hip fractures. The 'Whzan' tele-health digital kit has been in use in Rutland care homes since Autumn 2023, calculating an early warning score, enabling signs of deterioration or illness to be identified. This helps to prevent the need for GP visits and hospital admissions.

As part of the Anticipatory Care Project, Memory Clinics were re-established in July, run by the LPT Memory Service. Also present are the RCC RISE Team, Admiral Nurses and the PCN to offer information and advice.

Priority 4 Ensuring Equitable Access to Services for all Rutland Residents

A PCN Capacity Access and Improvement Plan (CAIP) is now being implemented. Strong relationships have been built with partners from Rutland's bordering authorities and trusts, including Lincolnshire and Northamptonshire, enabling more equitable access into services. See Priority 5 below. Working with Healthwatch on the results of their research and The Primary Care Access Survey was completed. Views and comments provided will be incorporated into plans over the next 18 months. Of note is that Covid recovery has been successful in availability of GP appointments.

The Rutland Memorial Hospital (RMH) business case and an Estates Review has been completed. Work is being done for an MRI machine and breast screening facility to be available in Oakham. A business case was submitted for an application for Community Infrastructure Levy (CIL) monies for renovation of a ward at Rutland Memorial Hospital, for the provision of a clean room/ day care procedures.

Priority 5 Preparing for Significant Population Growth and Change

The ICB and RCC have built excellent working relationships gaining a mutual picture of impact on the local plan position. The Levelling Up bid has been approved and discussions are now taking place regarding a Moby Hub and a Meditech Centre on Oakham.

The Primary Care Estates Strategy (PCES) has been agreed. Strong links have been made with the North Place Partnerships. Regular active meetings take place with North West Anglia Foundation Trust (NWAFT). There are also good working relationships with South Kesteven. Plans are shared across Stamford Minor Injuries Unit and Rutland Memorial Hospital regarding provision, including tangible plans for diagnostics provision. There is a good understanding of each other's challenges.

'Health and care workforce fit for the future': This action has been completed. PCN training courses have been delivered and career development opportunities are in place. This has enabled a more sustainable workforce for the locality.

Key areas of development for health and equity in policies are training for Leicestershire staff and then Rutland; ensuring reflection of health inequality issues and health and wellbeing is incorporated in recommendation and reports as routine; support for the next stages of the Rutland Local Plan from September 2023 to January 2024 following public consultation.

Priority 6 Ensuring People are Well Supported in the Last Days of their Life

There has been no Lead for priority 6 for several months, resulting in some delays in co-ordinating progress. There has also been a challenge in that the progress of the LLR End of Life Programme has been slow in recent months. A workshop took place in July where required actions were clarified and an agreement that much of the work would link with the LLR End of Life Task and Finish Group. We now have two people who have agreed to take on the role of Lead and Senior Reporting Officer respectively which should ensure progress of delivery going forwards.

Despite the above, there has been progress made, including an updated, streamlined ReSPECT (Recommended Summary Plan for Emergency Care and Treatment) form, making the process more efficient and therefore more likely to be utilised. There is a palliative care suite at Rutland Memorial Hospital and the PCN recruited an End-of-Life Care co-ordinator via the Additional Roles Reimbursement Scheme.

Cross-Cutting Themes

Priority 7a Supporting Good Mental Health

The Rutland Mental Health Neighbourhood Group was formed in 2023, a subgroup of the Rutland Health and Wellbeing Board (HWB). The aim of the group is to lead on driving, co-ordinating and enabling mental health transformation within Rutland. A Mental Health Pathway has been produced which shows access points and referral routes to support. A Mental Health Neighbourhood Café has been established, with funding for transport, thereby addressing the rurality access issue.

Priority 7b Reducing Health Inequalities Across Rutland

The Rutland Staying Healthy Partnership Group formed in 2022, a subgroup of the HWB. A needs assessment to understand health inequalities in Rutland, considering hidden deprivation, geographical inequality, inclusion, and vulnerable populations has been completed. Findings from the assessment were taken forward to a Health Inequalities workshop in January 2023 and work is progressing.

Priority 7c Covid 19 Recovery

Recovery from Covid 19 has been progressing well in Rutland with partners generally stating that services are back to pre-Covid efficiency. There is, however, potential for learning to be taken forward to assist in dealing with potential similar crises in the future. In addition, where structures have been put into place for Covid and are being removed, there will be less resilience to respond. An annual report, Horizon Scan of Future Threats' is being developed which is due to be presented at the HWB meeting in October 2023.

Evaluation

There is a great amount of progress being made across the seven priorities which is having a significant impact on the health and wellbeing of Rutland residents and users of Primary Care. There are also plans in place for work to commence later – we still have nearly four years to

achieve the aims of the strategy. It is challenging for Leads to co-ordinate all the information required for regular updates because there are often several sources to liaise with. In addition, some partners do not respond, leaving gaps. There are challenges with the regularity of monthly reporting as many workstreams do not have progress or outputs which can be measured this frequently.

There has been little take up of the use of SMART (Specific Measurable Achievable Relevant Timebound) goals for setting and measuring outputs which makes demonstrating successes more challenging, albeit this type of measuring is not possible with some workstreams. It is not always explicit what the impact of the workstreams will have on people and communities; it relies on assumptions which could be missing the depth and gravity of the impact.

Recommendations

Leads to:

- Consider inclusion of SMART measures in plans
- Prioritise feedback from service users, patients and professionals and record in plans
- Include explicit detail on impact
- Continue to work collaboratively as the Leads for the 7 Priorities and ensure linkages are clearly referenced, avoiding duplication
- Raise with the HWIL any issues on progress due to lack of engagement from partners

HWIL to:

- Book regular quarterly meetings with Leads
- Identify, respond to, and escalate as appropriate, any concerns from Leads or issues with progress
- Monitor updates via Highlight Reports and the delivery plan in Sharepoint
- Review the reporting processes, structure, and layout of the delivery plan with Leads and the Chair of the IDG